



# Allendale Football Club

## **PREPARATION**

All team managers are responsible for ensuring they have with them at all training sessions and all matches the following:

- a) Emergency contact cards for every player
- b) First Aid kit
- c) A mobile phone (or immediate access to one)

## **ACTIONS IN THE EVENT OF AN INCIDENT**

Quickly make a note of the time of the incident. Ensure no one else is in danger.

Determine whether the injured or sick person is **CONCIOUS OR UNCONCIOUS, BREATHING OR NOT BREATHING, BLEEDING OR NOT BLEEDING**

An **AMULANCE** must be called **IMMEDIATELY** using 999 if the injured or sick person is **UNCONSCIOUS** or **NOT BREATHING**. We consider junior footballers to be children regardless of age. Make a note of the time of the call.

Send a responsible person with a mobile phone to the sports club entrance. Ensure that the emergency access is clear. Do not move the injured person.

## **IF YOU ARE PLAYING AWAY FROM HOME**

You should **CALL** the NHS 111 service if you urgently need medical help or advice but it's not a life-threatening situation. Call 111 if you need medical help fast but it's not a 999 emergency **OR** you think you need to go to A&E or you need another NHS urgent care service.

Police contact numbers. Emergency 999 Non Emergency 101

## **ADVICE NOTES**

Injured players should not be carried from the field of play. They must walk off themselves. Or they may be carried off by their parent or guardian at their own risk. Otherwise an ambulance must be called.

If a parent or guardian is not in attendance, the manager should accompany the player to hospital. If no other club manager or qualified coach is present – inform the referee that you must leave with the injured player, and ask the referee to end the match.

The referee is empowered by the Northumberland FA to end the match if the injured player is not removed from the field of play by the ambulance service within 20 minutes of the incident. The match may only continue with the approval of the referee.

Do not verbally accept the blame for any incident. Requests from parents or others for information about the incident should be passed to the club secretary.

Call the Club Chair and/or Welfare Officer immediately after the incident.

Complete an incident report form within 24 hours. Contact John or Angela for guidance.

## **RESPECT**

Allendale FC very much supports the FA's **RESPECT** Code of Conduct, so we ask that you all kindly remind the parents/guardians of your players that this is a fun event, run for the players enjoyment by volunteers and that we hope you and your teams all have an enjoyable day.